



Mosquito Repellent Kit



Spray On Repellent Containing DEET

There are times when even the natural repellents just aren't strong enough. Like in deep, mountainous woods.

Spray Repellent with NO DEET

You can buy certain family safe brands of repellents that do not contain DEET. These are still chemical based and not all natural.

All natural spray repellents.

If you're not into chemicals like DEET, you can opt for a more natural spray approach like Skin So Soft by AVON. This doesn't work well for me personally but my mom swore by it.

Citronella Oil

This works really well in candles or oil lanterns. I wouldn't suggest keeping a citronella candle in your car in the summer. It will melt. But you can find sprays and even bracelets that contain the oil. You can also plant citronella plants around the perimeter of your patio to help repel them. I can't stand the smell of citronella. It triggers my migraines within seconds so this isn't an option for me.

Peppermint, Cinnamon, Lemon or Eucalyptus Oil

Mix several drops into an unscented lotion or olive oil and rub on your skin. ALWAYS double check to make sure the essential oils are skin safe. Just because something is natural, doesn't mean it's safe to put on your skin.

Yellow Listerine. (original)

Now, this one I have tried and it worked really well not only as a repellent but if you have a bug bite already, the antiseptic properties in Listerine work great for relieving the itch. We keep a small bottle in our first aid kit for just this very reason!

Dryer Sheets

I've heard that keeping a dryer sheet (fabric softener sheet) in your pocket will repel mosquitoes. I haven't personally tried it but it's an inexpensive option to try.

Rosemary And Sage

If you're going to have a bonfire, campfire or even if you'll be grilling out, placing these plants onto hot coals is said to repel mosquitoes.

Wear Light Colored Clothing

Blood sucking mosquitoes are attracted to darker clothing. So go for lighter colors. Besides, they will be cooler on you in the hot summer months anyway.

Electronic Repellent Devices

I once had a key chain that omitted a high pitched sound to repel mosquitoes. We used it one 4th of July and I didn't get any bites. I had OFF brand spray repellent on too so I'm not sure if one or the other or the combination worked but I didn't get a single bite!